

**Preschool Gymnastic Classes for
Girls and Boys ages 18 months
to 6**

**Arts & Gymnastic Camps for
Girls and Boys ages 3 to 6**

(Please note — last year this camp sold out for most weeks — if you are interested in having your child attend, please book your days early to guarantee the dates you'll need. The exact dates your child will be attending are required at sign-up).

**Gymnastic Classes for Girls
Ages 5— High School**

**Gymnastic Classes for Boys only
Ages 5 and above**

**All Gymnastics Camp for Girls
Ages 6 and above**

**Cheerleading Classes
(to be announced)**

We have something for

everyone!!!



Notes

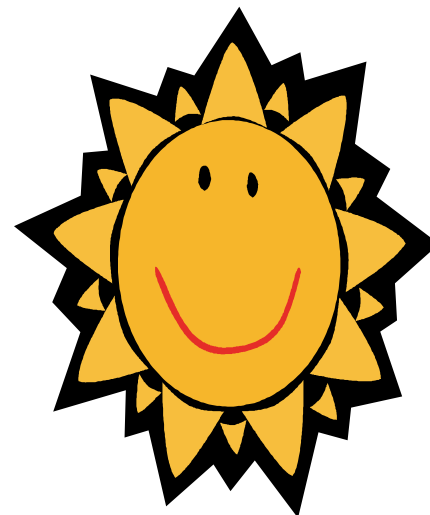
- ENA's Summer Programs begin on July 6 and end on August 27, 2010.
- Full payment is due at the time of the time of signup to guarantee your spot.
- There is a \$20 registration fee for students who are not currently registered at ENA. This fee covers all classes and camps through August 2010. This fee is non-refundable and non-transferable.
- Class Refunds — Once the summer session has begun, there are no refunds for class tuitions. A credit to your ENA account will be issued if you cancel prior to the third week of the Summer Session. No credit will be issued once the third class of the session has been held.
- Camp Refunds — Camp tuition will be refunded if cancellation is received one week prior to your starting date. An ENA credit will be issued if the cancellation is received less than one week before your camp start and no credit will be issued once your camp has started.
- Class Make-Ups — Since we only offer a limited class schedule during the summer months, make-ups are not available. Missed classes cannot be carried over to the fall.
- Camp Make-Ups — There are no make-ups and/or credits issued for missed camp days.
- Young Jr. Elite, Junior Elite, 12+ Junior Elite and Elite classes are open only to current ENA students in these classes.
- Call us with any questions or to register over the phone.
- Register by June 1 for a class or 4 days of camp and receive a \$10 credit towards your 2010/2011 ENA Registration Fee.

ENA — 201-262-6244

**ENA
GYMNASTICS**

**Summer
Programs
2010**

July 6 - August 27, 2010



**ENA GYMNASTICS
600 WINTERS AVENUE
PARAMUS, NJ 07652
201-262-6244
WWW.ENAPARAMUS.COM**

ENA Summer Programs

July 6 - August 27, 2010

CLASSES

These classes are the same as our gymnastics classes held throughout the year. If choosing the "6 Week Option", you must indicate which six weeks at the time of registration.

- **Preschool classes** are 50 minutes in length. The children begin with a warm-up activity with the other Preschool classes in the gym. Following that, they go with the teacher for their age group and do a circuit around the gym floor. Children who are 18 months up to age 3 will be placed in a Mom/Tot class.
- **General classes** are 90 minutes in length. A 15 minute warm-up is followed by 60 minutes of gymnastics. The class ends with 15 minutes of strength and conditioning. Children in General Classes will be grouped by age 5-6, 6-8 and 9-11.

Day	Time	Type	Ages	Cost for Summer 8/6 Week Session (7/5 for Preschoolers)
Monday	9:30 am—10:20 am 10:30 am—11:20 am 11:30 am—12:20 pm	Preschool—Boys&Girls Preschool—Boys&Girls Preschool—Boys&Girls	18 months—6 years* 18 months—6 years* 3 years—6 years	\$119/\$95 (Option is 7 or 5 weeks) \$119/\$95 (Option is 7 or 5 weeks) \$119/\$95 (Option is 7 or 5 weeks)
Tuesday	3:45 pm—5:15 pm 3:45 pm—5:15 pm 3:45 pm—5:15 pm 5 pm—6:30 pm 5 pm — 7:45 pm	General— girls General—boys Invitation—girls General—girls Young Jr. Elite/Jr. Elite	5 years—8 years 5 years—8 years 5 years—7 years 6 years—11 years Invitation Only	\$152/\$132 \$152/\$132 \$152/\$132 \$152/\$132 \$268/\$222
Wednesday	No Classes			
Thursday	3:45 pm—5:15 pm 3:45 pm—5:15 pm 3:45 pm—5:15 pm 5 pm—6:30 pm 5 pm—7:45 pm	General—girls Invitation—girls General—boys General—girls 12+ Jr. Elite/Elite	5—8 years 8 years—10 years 5 years—8 years 6—11 years Invitation Only	\$152/\$132 \$152/\$132 \$152/\$132 \$152/\$132 \$268/\$222
Friday (closed Saturday & Sunday)	No Classes			

CAMPS

ENA offers two different camps...

- **Arts & Crafts Gymnastics Camp** — For boys and girls ages 3—6, this is our most flexible camp option. The camp is run Tuesday through Friday from 9 am to 1 pm and offers the option of signing up for anywhere from one to four days each week. A special theme is featured each week. Campers start their day with a gymnastics class followed by a theme related craft and other fun activities in the gym. They bring their own lunch and a snack which they have with their group.
- **All Gymnastics Camp** — This camp is for girls age 6 and above who love gymnastics. The camp is Tuesday through Friday from 9 am to 1 pm and sign up is by the week. There is a discount for multiple week registrations. This camp is structured like our general classes with a warm-up followed by work on the various apparatuses and finishing with strength and conditioning. Each week the group will also do extra work on a specific area of the gym. Parents are invited to watch a short demonstration of what has been learned each Friday. Campers in this camp bring a snack or light lunch to have during a short mid-morning break.

Camp	Days & Times	Ages	Cost
Arts & Crafts/Gym Camp (1,2,3 or 4 days-a-week camp — you decide what fits your needs each week)	Tuesday—Friday 9 am—1 pm Pick and choose your days each week	Boys and Girls Age 3—6	\$35 Per Day OR \$120 a week (if you sign up for 4 days in the same week)
All Gymnastics Camp (4 days-a-week camp— you just pick the weeks you want)	Tuesday—Friday 9 am—1 pm You must sign up for the entire 4 days	Girls Only Age 6 and above	\$170 for just 1 week \$160 per week (2-4 weeks) \$150 per week (5-8 weeks)

There is a \$20 registration fee for all new students. This covers all classes and camps through August 2010
Full payment is due upon registration.

Registration begins March 22

3/6/2010